

DBBC 2021 STUDIO TIMETABLE

DANCE STUDIO, J1 (above the Sports Centre)

by brooke cassar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Sports Aerobics Yr 2 Team 7:30 – 8:15 am	Staff Pilates 6:45 – 7:30 am	Sports Aerobics Yr 3 & 4 Team 7:30 – 8:15 am	Sports Aerobics Yr 5 & 6 Team 7:30 – 8:15 am	Sports Aerobics Yr 7,8,9 Team 7:30 – 8:15 am	Pilates Mat 7:00 – 7:45 am
	Sports Aerobics Yr 1 Team 7:30 – 8:15 am				Adult Ballet Foundations 8:00 – 9:00 am
Level 3 Petit Pointers 8:45 – 9:15 am					Petit Pointers Level 2 9:15 – 9:45 am
Petit Pointers Level 2 9:45 – 10:15 am		Petit Pointers Level 3 10:00 – 10:30 am			Petit Pointers Level 3 10:00 – 10:30 am
					Junior Extension Ballet 10:45 – 11:30 am
Prep Ballet 3:30 – 4:00 pm	Junior Ballet 3:30 – 4:15 pm		Intermediate Level 1 Ballet 3:30 – 4:15 pm		Intermediate Level 2 Ballet 11:30 – 12:15 pm
Prep Jazz 4:00 – 4:30 pm	Junior Jazz & Contemporary 4:15 – 5:00 pm	Staff Pilates 4:15 – 5:00 pm	Intermediate Level 1 Jazz & Contemporary 4:15 – 5:00 pm		
Intermediate Level 1 Ballet 4:30 – 5:15 pm	DanceFit (Yr5+) 5:00 – 5:45 pm		Senior Level 1 Ballet 5:00 – 6:00 pm		<i>Now taking expressions of interest for:</i>
Stretch & Limber Dance Conditioning 5:15 – 6:00 pm	Intermediate Level 2 Ballet 5:45 – 6:30 pm	Pilates Mat 6:45 – 7:30 pm	Inter 2 & Senior Level 1 Jazz Kicks, Leaps & Turns 6:00 – 7:00 pm		- Petit Pointers L1 - Senior Extension Ballet - Extension Contemporary
Senior Level 1 Ballet 6:00 – 7:00 pm	Intermediate Level 2 Contemporary 6:30 – 7:15 pm	Adult Wellbeing Stretch, Roll & Release 7:30 - 8:15 pm	Senior Level 1 Contemporary & Choreography 7:00 – 8:00 pm		
Pointe Extension 7:00 – 7:30 pm	Intermediate Adult Ballet 7:15 – 8:15 pm		Pilates Mat 8:00 – 8:45 pm		<i>Solo Eisteddfod competitions and coaching sessions available to book upon request</i>
Pilates Mat 7:30 – 8:15 pm					

*subject to change